

CERTIFICATE

OF PARTICIPATION

This is to certify that

Manoko Mafone

Has successfully participated & completed the

21km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 03:14:26

PACE 09:15/km

OVERALL 609 of 766

26 October 2019, Sat

Date

GENDER 226 of

323

40+ 74 of 105